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LOBBYING REPORT

Lobbying Disclosure Act of 1995 (Section 5) - All Filers Are Required To Complete This Page

1. Registrant Name American Specialty Health Inc.			
2. Address <input type="checkbox"/> Check if different than previously reported 601 Pennsylvania Ave NW STE 900 South Building			
3. Principal Place of Business (if different from line 2) City: Washington, D.C. State/Zip (or Country) DC 20004			
4. Contact Name Kurt Hegetschweiler	Telephone (202) 220-3175	E-mail (optional) kheget@ashn.com	5. Senate ID #
7. Client Name <input checked="" type="checkbox"/> Self Self			6. House ID # 3542

8. TYPE OF REPORT Year 2002 Midyear (January 1-June 30) OR Year End (July 1-December 31)

9. Check if this filing amends a previously filed version of this report

10. Check if this is a Termination Report ⇒ Termination Date _____

11. No Lobbying

INCOME OR EXPENSES - Complete Either Line 12 OR Line 13

<p style="text-align: center;">12. Lobbying Firms</p> <p>INCOME relating to lobbying activities for this reporting period was:</p> <p>Less than \$10,000 <input type="checkbox"/></p> <p>\$10,000 or more <input type="checkbox"/> ⇒ \$ _____ <small>Income (nearest \$20,000)</small></p> <p>Provide a good faith estimate, rounded to the nearest \$20,000, of all lobbying related income from the client (including all payments to the registrant by any other entity for lobbying activities on behalf of the client).</p>	<p style="text-align: center;">13. Organizations</p> <p>EXPENSES relating to lobbying activities for this reporting period were:</p> <p>Less than \$10,000 <input type="checkbox"/></p> <p>\$10,000 or more <input checked="" type="checkbox"/> ⇒ \$ <u>20,000.00</u> <small>Expenses (nearest \$20,000)</small></p> <p>14. REPORTING METHOD. Check box to indicate accounting method. See instructions for description of methods.</p> <p><input checked="" type="checkbox"/> Method A. Reporting amounts using LDA definition</p> <p><input type="checkbox"/> Method B. Reporting amounts under section 6013 Internal Revenue Code</p> <p><input type="checkbox"/> Method C. Reporting amounts under section 162 Internal Revenue Code</p>
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Signature 

Printed Name and Title

Kurt Hegetschweiler, DC, VP Prof. & Gov't Affairs

LD-2 (REV. 6/98)

Registrant Name American Specialty Health Inc. Client Name _____ Self

LOBBYING ACTIVITY. Select as many codes as necessary to reflect the general issue areas in which the registrant is engaged in lobbying on behalf of the client during the reporting period. Using a separate page for each code, provide information as requested. Attach additional page(s) as needed.

1. General issue area code HCR (one per page)

1. Specific lobbying issues

Complementary & Alternative Healthcare Issues, Foods, Drugs, Dietary Supplements, FDA, Health Insurance Issues

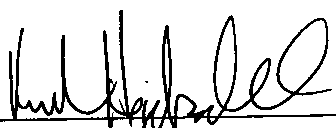
17. House(s) of Congress and Federal agencies contacted Check if None

US Senate
US House of Representatives

8. Name of each individual who acted as a lobbyist in this issue area

Name	Covered Official Position (if applicable)
Kurt Hegetschweiler, DC
.....
.....
.....
.....
.....
.....
.....
.....

19. Interest of each foreign entity in the specific issues listed on line 16 above Check if None

Signature 

Date 02/12/03

Printed Name and Title Kurt Hegetschweiler, DC, VP Prof. & Gov't Affairs

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Page

Registrant Name American Specialty Health Inc. Client Name Self

Information Update Page - Complete ONLY where registration information has changed.

2. Client new address

Client new principal place of business (if different from line 20)

City _____ State/Zip (or Country) _____

New general description of client's business or activities

LOBBYIST UPDATE

3. Name of each previously reported individual who is **no longer** expected to act as a lobbyist for the client

ISSUE UPDATE

4. General lobbying issues previously reported that **no longer** pertain

AFFILIATED ORGANIZATIONS

5. Add the following affiliated organization(s)

Name	Address	Principal Place of Business (city and state or country)
Healthroads, Inc.	777 Front Street, San Diego, CA 92101	San Diego, California

26. Name of each previously reported organization that is **no longer** affiliated with the registrant or client

FOREIGN ENTITIES

27. Add the following foreign entities

Name	Address	Principal place of business (city and state or country)	Amount of contribution for lobbying activities

28. Name of each previously reported foreign entity that **no longer** owns, **or** controls, **or** is affiliated with the registrant or affiliated organization



Date

02/12/03

Signature [Handwritten Signature]

Printed Name and Title Kurt Hegetschweiler, DC, VP Prof. & Gov't Affairs

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