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LOBBYING REPORT

Lobbying Disclosure Act of 1995 (Section 5) - All Filers are Required to Complete This Page

1. Registrant Name Capitol Associates, Inc.				6. Ho
2. Address <input type="checkbox"/> Check if different than previously reported 426 C St. NE, Washington, DC 20002				308:
3. Principal Place of Business (if different from line 2) City: State/Zip (or Country)				
4. Contact Name Debra M. Hardy Havens	Telephone 202-544-8800	E-mail (optional) dh@capitolassociates.com	5. Sen 810:	
7. Client Name National Nutritional Foods Association	<input type="checkbox"/> Self		6. Ho 308:	

TYPE OF REPORT 8. Year 2003 (January 1-June 30) OR Year End (July 1-December 31)

9. Check if this filing amends a previously filed version of this report

10. Check if this is a Termination Report ⇒ Termination Date _____ 11. No Lobbying Activity

INCOME OR EXPENSES - Complete Either Line 12 OR Line 13

<p align="center">12. Lobbying Firms</p> <p>INCOME relating to lobbying activities for this reporting period was:</p> <p>Less than \$10,000 <input type="checkbox"/></p> <p>\$10,000 or more <input checked="" type="checkbox"/> ⇒ \$ <u>60,000</u> Income (nearest \$20,000)</p> <p>Provide a good faith estimate, rounded to the nearest \$20,000, of all lobbying related income from the client (including all payments to the registrant by any other entity for lobbying activities on behalf of the client).</p>	<p align="center">13. Organizations</p> <p>EXPENSES relating to lobbying activities for this reporting period were:</p> <p>Less than \$10,000 <input type="checkbox"/></p> <p>\$10,000 or more <input type="checkbox"/> ⇒ \$ _____ Expenses (nearest \$20,000)</p> <p>14. REPORTING METHOD. Check box to indicate reporting accounting method. See Instructions for description of each method.</p> <p><input type="checkbox"/> Method A. Reporting amounts using LDA definitions</p> <p><input type="checkbox"/> Method B. Reporting amounts under section 6033(c) of the Internal Revenue Code</p> <p><input type="checkbox"/> Method C. Reporting amounts under section 162(e) of the Internal Revenue Code</p>
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Signature *Debra M. Hardy Havens*

Printed Name and Title Debra M. Hardy Havens, President

Form LD-2 (Rev. 06/98)

PAGE 1 of 4

Registrant Name Capitol Associates, Inc. Client Name National Nutritional Foods Association, Inc.

LOBBYING ACTIVITY. Select as many codes as necessary to reflect the general issue areas in which the registrant engage on behalf of the client during the reporting period. Using a separate page for each code, provide information as required on additional page(s) as needed.

15. General issue area code BUD (one per page)

16. Specific lobbying issues

H.J.RES.2: Joint Resolution making consolidated appropriations for the fiscal year ending September 30, 2003, purposes.

H.R.246: Making appropriations for the Departments of Labor, Health and Human Services, and Education, and related agencies for the fiscal year ending September 30, 2003, and for other purposes.

H.R.2673/ S. 1427 -- Agriculture, Rural Development, Food and Drug Administration and Related Agencies Appropriations Act, 2004 Title I - Track and monitor

H.R.2660 / S. 1356 Department of Labor, Health and Human Services and Education and Related Agencies Appropriations Act, 2004 Title II - Department of HHS - Track and monitor

17. House(s) of Congress and Federal agencies contacted Check if None

House
Senate
HHS

18. Name of each individual who acted as a lobbyist in this issue area

Name	Covered Official Position (if applicable)
Edward Long, Senior Vice President	
Katie Weyforth, Associate	

19. Interest of each foreign entity in the specific issues listed on line 16 above Check if None

Signature

Printed Name and Title Debra M. Hardy Havens, President

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Registrant Name Capitol Associates, Inc. Client Name National Nutritional Food Association

LOBBYING ACTIVITY. Select as many codes as necessary to reflect the general issue areas in which the registrant engage on behalf of the client during the reporting period. Using a separate page for each code, provide information as requested on additional page(s) as needed.

15. General issue area code HCR (one per page)

16. Specific lobbying issues

S. 722, Dietary Supplement Safety Act of 2003
Entire Bill - Track and Monitor

H.R. 207, To amend the Controlled Substances Act with respect to the placing of certain substances on the schedules of controlled substances, and for other purposes.
Entire Bill - Track and Monitor

H.R. 1075, Ephedra Public Protection Act
Entire Bill - Track and Monitor

H.R. 724, The Dietary Supplement Information Act
Entire Bill - Track and Monitor

H.R. 725, The Ephedrine Alkaloid Consumer Protection Act
Entire Bill - Track and Monitor

17. House(s) of Congress and Federal agencies contacted Check if None
House/Senate
HHS
FDA

18. Name of each individual who acted as a lobbyist in this issue area

Name	Covered Official Position (if applicable)
Edward Long, Senior Vice President	
Katie Weyforth, Associate	

19. Interest of each foreign entity in the specific issues listed on line 16 above Check if None

Signature

Printed Name and Title Debra M. Hardy Havens, President

Registrant Name Capitol Associates, Inc. Client Name National Nutritional Foods Association

Information Update Page Complete ONLY where registration information has changed

20. Client new address
1220 19th Street, NW, Suite 400, Washington, DC 20036

21. Client new principal place of business (if different from line 20)

City
Country)

State

22. New general description of client's business or activities

LOBBYIST UPDATE

23. Name of each previously reported individual who is no longer expected to act as lobbyist for the client

Denise Giuliano, Andrew Brecher

ISSUE UPDATE

24. General lobbying issues previously reported that no longer pertain

GOV

AFFILIATED ORGANIZATIONS

25. Add the following affiliated organization(s)

Name	Address	Principal Place of Business (city and state or country)

26. Name of each previously reported organization that is no longer affiliated with the registrant or client

FOREIGN ENTITIES

27. Add the following foreign entities

Name	Address	Principal place of business (city and state or country)	Amount of contribution for lobbying activities	Owner's percentage in client

28. Name of each previously reported foreign entity that no longer owns, or controls, or is affiliated with the registrant, client or affiliated organization

Signature _____

Printed Name and Title Debra M. Hardy Havens, CEO

