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H. D.

LOBBYING REPORT

Lobbying Disclosure Act of 1995 (Section 5) - All Filers Are Required To Complete This Page

1. Registrant Name <u>Defense Health Advisors, Inc.</u>			
2. Address ☐ Check if different than previously reported <u>1001 Pennsylvania Ave. NW, Ste 850N, Washington, DC 20004</u>			
3. Principal Place of Business (if different from line 2) City: <u>N/A</u> State/Zip (or Country)			
4. Contact Name <u>Charlotte L. Tsoucalas</u>	Telephone <u>202/641-3589</u>	E-mail (optional) <u>cltval@aol.com</u>	5. Senate ID # <u>11891-48</u>
7. Client Name ☐ Self <u>TriWest Healthcare Alliance</u>	6. House ID # <u>33877000</u>		

TYPE OF REPORT 8. Year 1999 Midyear (January 1-June 30) ☐ OR Year End (July 1-December 31) ☒

9. Check if this filing amends a previously filed version of this report ☐

10. Check if this is a Termination Report ☐ Termination Date _____

11. No Lobbying Activity ☐

INCOME OR EXPENSES - Complete Either Line 12 OR Line 13	
12. Lobbying Firms INCOME relating to lobbying activities for this reporting period was: Less than \$10,000 ☐ \$10,000 or more ☒ <u>\$ 50,000.00</u> Income (nearest \$20,000) Provide a good faith estimate, rounded to the nearest \$20,000, of all lobbying related income from the client (including all payments to the registrant by any other entity for lobbying activities on behalf of the client).	13. Organizations EXPENSES relating to lobbying activities for this reporting period were: Less than \$10,000 ☐ \$10,000 or more ☒ <u>\$ _____</u> Expenses (nearest \$20,000) 14. REPORTING METHOD. Check box to indicate expense accounting method. See instructions for description of options. ☐ Method A. Reporting amounts using LDA definitions only ☐ Method B. Reporting amounts under section 6033(b)(8) of the Internal Revenue Code ☒ Method C. Reporting amounts under section 162(e) of the Internal Revenue Code

Signature Charlotte L. Tsoucalas
Printed Name and Title Charlotte L. Tsoucalas

Registrant Name Defense Health Advisors, Inc Client Name TriWest Healthcare Alliance

LOBBYING ACTIVITY. Select as many codes as necessary to reflect the general issue areas in which the registrant engaged in lobbying on behalf of the client during the reporting period. Using a separate page for each code, provide information as requested. Attach additional page(s) as needed.

15. General issue area code DEF (one per page)

16. Specific lobbying issues

Defense Authorization
Defense Health

17. House(s) of Congress and Federal agencies contacted

☐ Check if None

Department of Defense
U.S. House of Representatives
U.S. Senate

18. Name of each individual who acted as a lobbyist in this issue area

Name	Covered Official Position (if applicable)	New
Charlotte Tsoucalas		☐
Koria Willis		☐
		☐
		☐
		☐
		☐
		☐
		☐

19. Interest of each foreign entity in the specific issues listed on line 16 above

☒ Check if None

Signature Charlotte L Tsoucalas Date Feb. 10, 2010

Printed Name and Title Charlotte L. Tsoucalas