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Office of Public Records
232 Hart Building
Washington, DC 20510

SECRETARY OF THE
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LOBBYING REPORT

Lobbying Disclosure Act of 1995 (Section 5) - All Filers Are Required to Complete This Page

1. Registrant Name Jefferson Government Relations, L.L.C.			
2. Registrant Address <input type="checkbox"/> Check if different than previously reported Address 1615 L Street, NW Suite 650 City Washington State/Zip (or Country) DC 20036			
3. Principal Place of Business (if different from line 2) City _____ State/Zip (or Country) _____			
4. Contact Name Carolyn Cuppernull		Telephone 202-626-8547	E-mail (optional) info@jeffersongr.com
7. Client Name <input type="checkbox"/> Self Institute of HeartMath			5. Senate ID # 48417-1231 6. House ID # 34479-092

TYPE OF REPORT 8. Year 2003 Midyear (January 1-June 30) OR Year End (July 1-Decen

9. Check if this filing amends a previously filed version of this report

10. Check if this is a Termination Report >> Termination Date _____

11. No Lobbying

INCOME OR EXPENSES - Complete Either Line 12 OR Line 13

12. Lobbying Firms	13. Organizations
<p>INCOME relating to lobbying activities for this reporting period was:</p> <p>Less than \$10,000 <input type="checkbox"/></p> <p>\$10,000 or more <input checked="" type="checkbox"/> >> \$ <u>\$20,000.00</u> Income (nearest \$20,000)</p> <p>Provide a good faith estimate, rounded to the nearest \$20,000 of all lobbying related income from the client (including all payments to the registrant by any other entity for lobbying activities on behalf of the client).</p>	<p>EXPENSES relating to lobbying activities for this reporting period were:</p> <p>Less than \$10,000 <input type="checkbox"/></p> <p>\$10,000 or more <input type="checkbox"/> >> \$ _____ Expenses (nearest \$20,000)</p> <p>14. REPORTING METHOD. Check box to indicate accounting method. See instructions for description of op</p> <p><input type="checkbox"/> Method A. Reporting amounts using LDA definition</p> <p><input type="checkbox"/> Method B. Reporting amounts under section 6033(b), the Internal Revenue Code</p> <p><input type="checkbox"/> Method C. Reporting amounts under section 162(e), Internal Revenue Code</p>

Signature *Carolyn Cuppernull* Date 7/24/2003

Printed Name and Title Carolyn Cuppernull - Chief Administrative Officer Page

Registrant Name: Jefferson Government Relations, L.L.C.

Client Name: Institute of HeartMath

LOBBYING ACTIVITY. Select as many codes as necessary to reflect the general issue areas in which the registrant engaged in lobbying on behalf of the client during the reporting period. **Using a separate page for each code, provide information as requested. Attach additional page(s) as needed.**

15. General issue area code BUD (one per page)

16. Specific Lobbying issues
Labor/HHS Appropriations FY2004

17. House(s) of Congress and Federal agencies contacted Check if None
House of Representatives

18. Name of each individual who acted as a lobbyist in this issue area

Name	Covered Official Position (if applicable)
Desser, John	
Donnelly, Jr., Thomas	
Morin, Jeanne	
Netting, Tom	

19. Interest of each foreign entity in the specific issues listed on line 16 above Check if None

Signature *Carolyn Cuppernull* Date 7/24/2003

Printed Name and Title Carolyn Cuppernull - Chief Administrative Officer Page