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LOBBYING REPORT

Lobbying Disclosure Act of 1995 (Section 5) - All Filers Are Required to Complete This Page

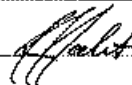
1. Registrant Name Jones, Walker, Waechter, Poitevent, Carrere & Denegre			
2. Address <input type="checkbox"/> Check if different than previously reported 499 South Capitol Street, S.W. Washington Suite 600 DC 20003 USA			
3. Principal Place of Business (if different from line 2) City State/Zip (or Country)			
4. Contact Name R. Christian Johansen	Telephone 202-828-8363	E-mail (optional) CJohansen@jwlaw.com	5. Senate ID # 20881-36
7. Client Name <input type="checkbox"/> Self International Shipholding Corporation	6. House ID # 31496-002		

8. Year 2000 Midyear (January 1-June 30) OR Year End (July 1-December 31)

9. Check if this filing amends a previously filed version of this report

10. Check if this is a Termination Report >> Termination Date _____ 11. No Lobbying Activity

INCOME OR EXPENSES - Complete Either Line 12 OR Line 13	
<p>12. Lobbying Firms</p> <p>INCOME relating to lobbying activities for this reporting period was:</p> <p>Less than \$10,000 <input type="checkbox"/></p> <p>\$10,000 or more <input checked="" type="checkbox"/> >> \$ <u>\$60,000.00</u> Income (nearest \$20,000)</p> <p>Provide a good faith estimate, rounded to the nearest \$20,000 of all lobbying related income from the client (including all payments to the registrant by any other entity for lobbying activities on behalf of the client).</p>	<p>13. Organizations</p> <p>EXPENSES relating to lobbying activities for this reporting period were:</p> <p>Less than \$10,000 <input type="checkbox"/></p> <p>\$10,000 or more <input type="checkbox"/> >> \$ _____ Expenses (nearest \$20,000)</p> <p>14. REPORTING METHOD. Check box to indicate expense accounting method. See instructions for description of options.</p> <p><input type="checkbox"/> Method A. Reporting amounts using LDA definitions only</p> <p><input type="checkbox"/> Method B. Reporting amounts under section 6033(b)(8) of the Internal Revenue Code</p> <p><input type="checkbox"/> Method C. Reporting amounts under section 162(e) of the Internal Revenue Code</p>

Signature  Date 8/14/2000

Printed Name and Title John J. Jaskol - Special Counsel Page 1 of 2

Registrant Name: Jones, Walker, Waechter, Poitevent, Carrere & Denegre

Client Name: International Shipholding Corporation

LOBBYING ACTIVITY. Select as many codes as necessary to reflect the general issue areas in which the registrant engaged in lobbying on behalf of the client during the reporting period. Using a separate page for each code, provide information as requested. Attach additional page(s) as needed.

15. General issue area code MAR (one per page)

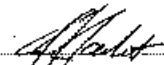
16. Specific Lobbying issues
FY2001 Agriculture Appropriations
FY2001 Commerce, Justice, State Appropriations
FY2001 Defense Authorization
FY2001 Defense Appropriations

17. House(s) of Congress and Federal agencies contacted Check if None
Department of Defense
Department of Transportation
House of Representatives
Senate

18. Name of each individual who acted as a lobbyist in this issue area

Name	Covered Official Position (if applicable)	New
Johansen, R. Christian		No
Jaskot, John J.		No
Cambon, Paul	Former Legislative Dir. for Congressman Livingston	No
Ogsbury, Jim	Former House Approps. SubCommittee Clerk	Yes

19. Interest of each foreign entity in the specific issues listed on line 16 above Check if None

Signature:  Date: 8/14/2000

Printed Name and Title: John J. Jaskot - Special Counsel Page 2 of 2